

## OUTLINE

- > The program consist of activities related to the world of the ocean and Scuba Diving.
- > Focus will be on fun, safety and fostering an interest in the Ocean, Scuba Diving and Conservation.
- > Activities and rewards will be based on the participants age and ability.
- > The program will consist of 6 sessions over 3 days, each session lasting two hours.
- > A certificate indicating completed sessions will be awarded to all.

### Morning session (10-12)

- Mon** Scuba Bubble Maker
- Tue** Snorkelling
- Wed** Scuba Bubble Maker
- Thu** Discover Scuba Dive (in the ocean)

### Afternoon session (14-16)

- Mon** Navigational Treasure hunt
- Tue** First Aid
- Wed** Mediterranean Conservation  
Save the Bluefin Tuna

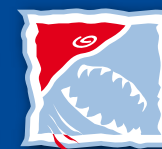
### Evening session

- Thu** Certificate Presentation Ceremony

## CERTIFICATION AND PRICING

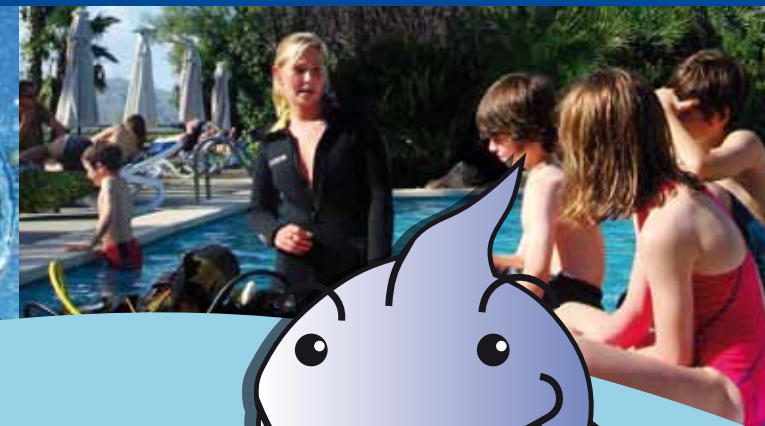
- > Upon Completion of program, the Skualo Sharks receives a certificate of achievement.
- > The program is optional as a full 4 day program or be combined as desired.

Content	Pricing
Individual Sessions	30 Euros
Any 2 Sessions	55 Euros
Any 4 Sessions	100 Euros
6 sessions	145Euros
Discover Scuba Dive (in the Sea)	79 Euros
Photo CD (optional)	25 Euros
T-Shirt	20 Euros
Full program (all sessions, including Discover Scuba Dive and T-shirt)	199 Euros



ADVENTURE SPORTS  
**SKUALO**  
CLUB POLLENTIA

*Skualo Sharks Team*  
Fun educational junior program

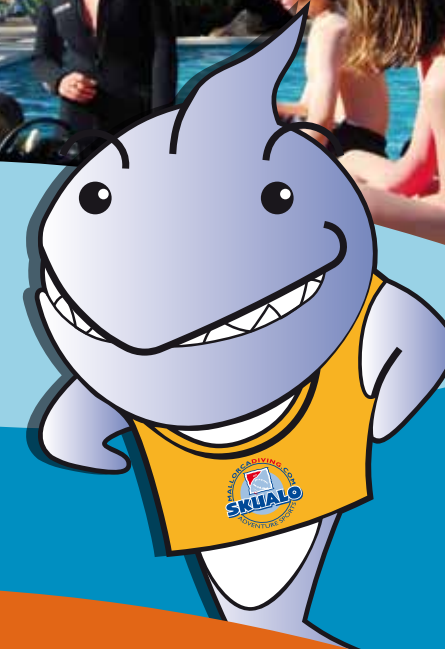


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DIVING**  
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## SCUBA BUBBLEMAKER

### Course Content:

- > Introduction
- > Introductory video to the Bubblemaker
- > Briefing
- > Equipment
- > Safety routines and rules
- > 40 minute dive
- > Post-dive briefing

> The «Bubblemaker» lets the Skualo Sharks try and learn how to breath safely under water using Scuba Equipment (Self Contained Underwater Breathing Apparatus) in the safe confinement of a swimming pool.

> Included in the 2 hour session is normal preparation for a dive, learning about the equipment, safety rules and routines, as well as a post-dive debriefing, all simulating procedures for later adventures in the Sea.



## FIRST-AID / EMERGENCY RESONSE

### Course Content:

- > Introduction
- > Basic first aid (Barriers / Safety)
- > Emergency actions
- > Bandaging
- > Role Play / Practical Exercises

> The single most important aspect of interacting with the ocean is safety, and all programs have this at their core.

> The First Aid / Emergency Response section of the program teaches the Skualo Sharks how to act in case of an emergency, both from a theoretical perspective and through practice using role play. The information is relevant to diving and every day life.

## NAVIGATIONAL TREASURE HUNT

### Course Content:

- > Introduction
- > Compass use and function
- > Measurement skills
- > Treasure hunt for hidden objects using the compass and skills learnt in practice

> The Compass section teaches the Skualo Sharks about the use and functioning of the Compass and measurement skills, as well as practical use of a Compass to navigate, both above and underwater.

> The practical skills are then used to conduct to perform a Treasure hunt to find hidden objects in or out of the water.

## SNORKELLING

### Course Content:

- > Introduction
- > Equipment
- > Safety
- > Breathing
- > Snorkelling
- > Duck Diving
- > Practice and games

> The Snorkelling section teaches the Skualo Sharks how to safely use the snorkelling equipment (mask, fins and snorkel) and breathe in a semi-submerged position to better explore the underwater environment.

> We then conduct various exercises to ensure that the "Shark" is comfortable in safely using the equipment for later adventures in the Sea.

## MEDITERRANEAN CONSERVATION / SAVE THE BLUE-FIN TUNA

### Course Content:

- > Introduction
- > Facts and figures about the Mediterranean Sea
- > Life forms in the Mediterranean
- > Fish Identification
- > Endangered species
- > Conservation
- > Protecting the environment (at home)

> The Mediterranean Conservation section teaches the Skualo Sharks about life and the balance of life in the Mediterranean

> The section is done in collaboration with the Palma Aquarium and the efforts to save the Blue-Fin Tuna from extinction in the Mediterranean

